



Teddy Tennis and Nurseries

Teddy Tennis is a fantastic new programme which uses music and pictures to encourage children aged 3, 4 and 5 years to get active and learn to play tennis

Teddy Tennis is a great new kid's activity programme which is perfect for all nurseries and crèches. Teddy Tennis will bring an exciting and fun based **activity** to your centre which children, parents and nursery staff love.



Educational Benefits

The educational benefits Teddy Tennis offers young kids are impressive; they include:

- Inspiring a love of sport
- Teaching the essential tennis skills
- Speeding up the learning process
- Enhancing co-ordination
- Improving confidence and self-esteem
- Building communication skills and team work
- Teaching the concept of sportsmanship and fair play
- Laying the foundations for listening & learning
- Introducing English language skills

But above all it is FUN and this is the real secret of Teddy Tennis.

So Enthusiastic About Sport.....

"Since we've had Teddy Tennis at my school, the difference that I've seen in my pupils, are that they are just so enthusiastic about sport ... they just love every minute of it."

*Elizabeth Heath
Headmistress, Ravenstone Preparatory School, London*



Benefits of Teddy Tennis to Nurseries:

- Encourages young children to get active
- Adds value to the total nursery or crèche offering
- Can be incorporated into other nursery activities e.g. colouring and reading
- Creates a 'feel good' factor for staff, kids and parents
- Does not need a tennis court, just some playing space
- Teaches young kids how to play tennis
- Can be delivered either indoors or outdoors
- Kids love Teddy Tennis and provides another reason why they will look forward to attending your nursery or crèche

Get a Teddy Tennis programme established in your nursery or crèche in less than 2 months; contact us on 0845 643 1173 or email us at info@teddytennis.com to find out how.



Teddy Tennis & Sportsmanship

One of the goals of Teddy Tennis is to promote a sense of good sportsmanship – a key life skill that offers many benefits

Good Sportsmanship

For some children, sportsmanship may come naturally but for others it requires more effort. Those who learn how to demonstrate sportsmanship will benefit in many ways.

Teddy Tennis helps kids understand that good sportsmanship includes both small gestures and heroic efforts. It starts with something as simple as shaking hands and high fiving with other kids whilst playing Teddy Tennis.

A child who practices good sportsmanship is likely to carry the respect and appreciation of other people into every other aspect of life. But displaying good sportsmanship isn't always easy, so the earlier this concept is introduced to kids, the better.

Actions speak louder than words

This is especially true in Teddy Tennis. All our coaches are taught to exhibit the most exemplary of behavior as we recognize they will have a great influence on both the development of kids sporting skills as well as their sportsmanship behavior.

“The best time to instill sportsmanship values is when kids are young”



Teddy Fair Bear

All children who play Teddy Tennis are encouraged to aspire to become a 'Teddy Fair Bear'. A Teddy Fair Bear always exhibits good behaviour and good sportsmanship and the concept is referenced in many Teddy Tennis games and activities. Teddy Tennis even has a song that promote the Teddy Fair Bear concept.

To become a Teddy Fair Bear, kids are taught:

- To always be respectful to others
- That there are no official winners or losers in Teddy Tennis
- To always display good manners
- To never lose their temper or to throw their racket on the ground!
- To have FUN
- The importance of getting active and playing together
- To always listen to Head Ted (the coach)
- To say sorry if they accidentally bump or hurt another child when playing Teddy Tennis
- Never to talk when Head Ted is talking
- To always try their best
- To shake hands, 'high five' and congratulate other kids during and after playing Teddy Tennis

Kids that demonstrate all the attributes of a Teddy Fair Bear are awarded a Teddy Fair Bear sticker by Head Ted, in acknowledgement of their achievement.



All Teddy Tennis coaches model good sportsmanship and encourage their kids to play fair, to have fun, and to concentrate on developing their own skills. In so doing they help shape the moral, ethical, and spiritual characters of the children in their classes.